



*C Fred Joslyn*

# Hansons-Brooks Athlete

## PERSONAL BEST

- ➔ 5000M – 14:26 04/07
- ➔ 10,000m – 29:55 04/07
- ➔ 15k road – 46:41 11/07
- ➔ 20k road – 1:02:54 09/06
- ➔ ½ Marathon – 1:05:28 03/08

## CAREER HIGHLIGHTS

### Cortland State University (Cortland, NY)

- 2007 NCAA DIII 5000 meter Indoor National Champion
- 5 x Division III All-American (XC, 2 x 5000, 2 x 10000)
- 6 x SUNYAC Champion
- 5 x NYSCTC Champion
- 2 x ECAC Champion
- 12 x All SUNYAC

### Professional

- 10<sup>th</sup> place Shamrock Half Marathon 2008 – Virginia Beach, VA
- 2<sup>nd</sup> place Disney Half Marathon 2008 – Orlando, FL
- 1<sup>st</sup> place Belle Isle 4 miler 2007 – Detroit, MI
- 3<sup>rd</sup> place Steamtown Marathon 2007 – Scranton, PA
- 12<sup>th</sup> place USA 20k 2007 – New Haven, CT
- 2<sup>nd</sup> American Chris Thater 5k 2007 – Binghamton, NY
- 21<sup>st</sup> place Boilermaker 2007 – Utica, NY
- 1<sup>st</sup> place Run for Diamonds 2006 – Berwick, PA
- 1<sup>st</sup> place Stockade-athon 2006 – Schenectady, NY
- 18<sup>th</sup> place USA 20k 2006 – New Haven, CT
- 27<sup>th</sup> place Boilermaker 2006 – Utica, NY
- 1<sup>st</sup> place Hangover Half Marathon 2005, 2006, 2007 – Albany, NY

## Hansons 2008

### C Fred Joslyn

- Focus:** Marathon
- Age:** 24
- D.O.B:** 02.12.84
- Height:** 5'9"
- Weight:** 155 lbs.
- Years Run:** 10
- Hometown:** Binghamton, NY



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*An environment for the long run!*