



*Brian Sell*

### Hansons 2007

#### BRIAN SELL

**Focus:** Marathon

**Age:** 29

**D.O.B:** 04.11.78

**Height:** 5' 10"

**Weight:** 140 lbs.

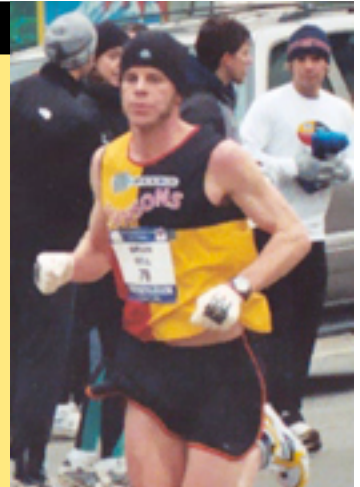
**Years Run:** 10

**Hometown:**  
Woodbury, PA

**USATF #:** 9610270219

**Address:** 220 Arizona Ave.  
Rochester Hills, MI 48309

**eMail:** sellbo@hotmail.com



#### PERSONAL BEST

- ➔ 3000M – 8:07 03/02
- ➔ 3k Steeple - 8:52 04/01
- ➔ 5k - 13:59 01/02
- ➔ 8k Road - 22:57.7 04/03
- ➔ 10K - 28:28 11/05
- ➔ 20k – 59:18 09/03
- ➔ ½ Marathon - 1:02:38 01/06
- ➔ Marathon - 2:10:47 10/06

#### CAREER HIGHLIGHTS

##### Northern Bedford County (Loysburg, PA)

County Champion 16000m 1994, 1995, 1996  
District Champion 1600m 1994, 1995, 1996  
8th place state championships 1996

##### Messiah College (Grantham, PA) / Saint Francis College (Loretto, PA)

MAC Champion 1500: 1997  
MAC Champion 5000m, steeple 1998  
NEC Champion 3000m 1999, 2000  
NEC Champion 5000 (indoor) 1999, 2000  
NEC Champion steeple/5000m/10000m 2001  
All American Cross Country 2000  
All American 10000m 2001  
NCAA Postgraduate Scholarship 2001

##### Professional

13<sup>th</sup> at USA Olympic Trials Marathon 2004  
25<sup>th</sup> at IAAF World Half Marathon Championships (1<sup>st</sup> American) 2003  
2<sup>nd</sup> at USATF Championships 20k (road) 2003 – 5<sup>th</sup> Fastest American 20k time ever 59:18  
8<sup>th</sup> at USATF Championships 8k (road) 2003  
3<sup>rd</sup> at USATF Fall Cross Country Championships 2002  
Chiba Ekiden Relay Team 2002  
8<sup>th</sup> at USATF Championships 10k (road) 2002  
8<sup>th</sup> at USATF Championships 8k (road) 2002  
4<sup>th</sup> at USATF Championships 7 mile (road) 2002  
2<sup>nd</sup> at USATF Championships 10 mile (road) 2005  
1<sup>st</sup> place Shamrock Shuffle (2004/2005)  
1<sup>st</sup> place USATF 25K (2005)  
Member of the 2005 USATF World Championships marathon team  
1<sup>st</sup> place US Half Marathon 2006  
4<sup>th</sup> place Boston Marathon in a PR 2:10:55 2006  
Reed's Lake 10k Champion 29:02 2006  
Chicago Distance Classic Champion 1:04:25 2006  
6<sup>th</sup> place Chicago Marathon in a PR 2:10:47 2006  
1<sup>st</sup> place USATF 25k championships 2007

*"Do or do not, there is no try!"*

Yoda

**Hansons-Brooks Athlete**