



**Dot
McMahan**

Hansons-Brooks Athlete

PERSONAL BEST

- ➔ 800m – 2:09.17 (2/02)
- ➔ 1500m – 4:26.25 (4/02)
- ➔ 5k road – 16:44 (9/07)
- ➔ 8k road - 28:13 (9/03)
- ➔ 10k road - 34:22 (7/07)
- ➔ 15k – 54:40 (7/05)
- ➔ 10 mile – 59:20 (8/06)
- ➔ 20k – 1:11.23 (9/07)
- ➔ 1/2 marathon – 1:13:07 (01/08)
- ➔ 25k – 1:32:38 (5/06)
- ➔ marathon – 2:35:02 (4/08) Olympic Trials

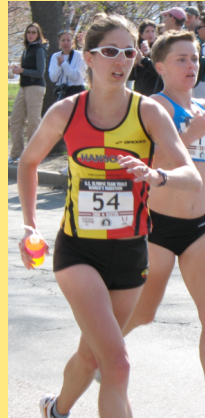
CAREER HIGHLIGHTS

Professional

- 8th, USA Olympic Marathon Trials: 2008
- 8th, USA Half Marathon National Championships: 2008
- 9th, Rock and Roll San Jose Half Marathon: 2007
- 19th, USA Road 10k National Championships: 2007
- 16th, USA Road 5k National Championships: 2007
- 8th, USA 20k National Championships: 2007
- 15th, Peachtree 10k: 2007
- 16th and 10th American, Boston Marathon, 2007 USA Championships
- 23rd and 11th American, Chicago Marathon: 2006
- 9th and 1st American, Crim 10 mile: 2006
- 14th and 6th American, Utica Boilermaker 15k: 2006
- 10th, USA 25k National Championships: 2006
- 24th, USA 4k Cross Country Championship: 2006
- 48th, World Half Marathon Championships 2005
- 9th, USA 20k Championships: 2005
- 14th and 2nd American, Utica Boilermaker 15k: 2005
- 1st, Mercedes 1/2 Marathon: 2005
- 1st, Chicago Lakefront 10-mile: 2005
- 2nd, Green Bay 1/2 Marathon: 2005
- 25th, USA 4k Cross Country Championship: 2004
- 18th, 800m USATF Indoor Championship: 2004
- 1st, Chicago Lakefront 10-mile: 2004
- 1st, Green Bay 1/2 Marathon: 2004
- 1st, Racine Lighthouse 10-mile: 2004
- 37th, USA 5k road Championships: 2004
- 3rd, Bellin 10k: 2004
- 38th, USA 10k road Championship: 2004
- 2004 Niigata Japan Ekiden Relay Team
- 9th, 800m USATF Indoor Championship: 2002

Hansons 2008

Dot McMahan
Focus: Marathon
Age: 31
D.O.B: 11.06.76
Height: 5'6"
Years Run: 23
Hometown:
Hilbert, WI



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"Above all, I will challenge myself to do ridiculously impossible things and give everything trying to achieve them."
 Margaret Bradley 1979 - 2004

[For more information log onto www.Hansons-Running.com]

An environment for the long run!