



Luke Humphrey

Hansons-Brooks Athlete

PERSONAL BEST

- ➔ 1500 – 3:53 2004
- ➔ Mile – 4:10 2004
- ➔ 5k - 14:15 2005
- ➔ 4 miles – 18:45 2007
- ➔ 8k (Road) – 23:30 2006
- ➔ 10K - 29:04 2005
- ➔ 15k- 46:24 2006
- ➔ ½ Marathon– 1:04:05 2007
- ➔ Marathon– 2:15:22 2006

CAREER HIGHLIGHTS

Professional

- 2004 Crim 10 mile, 15th place 50:03
- 2004 Philly Distance, 15th place 1:06:15
- 2004 LaSalle Banks Chicago marathon 17th place (4th American) (debut) 2:18:49

- 2005 USATF Winter XC 28th place
- 2005 USATF T&F 10,000 meters 16th place
- 2005 LaSalle Banks Chicago Marathon 17th place 2:20:21

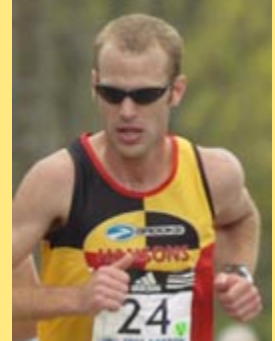
- 2006 USATF ½ Marathon Championships 9th place 1:04:45
- 2006 Boston Marathon 11th place 2:15:23
- 2006 LaSalle Banks Reeds Lake 10k – 9th place 30:17
- 2006 Alliant Energy Freedom Fest 8k – 15th place 23:30
- 2006 Utica Boilermaker 15k- 20th place 46:24
- 2006 LaSalle Bank Chicago Marathon- 18th place 2:15:22

- 2007 Emerald Nuts Midnight 4 miler- 3rd place 18:45
- 2007 U.S. ½ Marathon Championships- 13th place 1:04:05
- 2007 Ohme Marathon (30k) 11th place
- 2007 USATF marathon Relay Champions
- 2007 5/3 5k 2nd place 14:36
- 2007 Garry Bjorkland ½ marathon 2nd place 1:05:51
- 2007 Peachtree 10k 28th place 30:10
- 2007 US Olympic Trials (Marathon) 43rd place 2:20:34

Hansons 2007

LUKE HUMPHREY, M.S.

- Focus:** Marathon
- Age:** 26
- D.O.B:** 04.10.81
- Height:** 5' 11"
- Weight:** 145 lbs.
- Years Run:** 12



Hometown: Sidney, MI

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[For more information log onto www.Hansons-Running.com]

An environment for the long run!